



नेपाल सरकार  
स्वास्थ्य तथा जनसंख्या मन्त्रालय  
स्वास्थ्य सेवा विभाग  
स्वास्थ्य व्यवस्थापन सूचना प्रणाली

**Client Personal Profile: Second Trimester Abortion Service**

HMIS 3.7 Reg. Number:.....

Date of Visit:.....

Facility Name:.....

Province/ District.....

**1. Personal History**

Name and Caste .....

Age: .....

Education.....

Contact No: .....

Palika:.....  Rural Municipality  Municipality  Metropolitan City

Ward no: .....

**2. Medical/Surgical History**

Medical history/serious health problems:

Asthma  Hypertension  Porphyria  TB  Diabetes  
 Other.....

Are you taking any medicine?

No  
 Yes If yes, mention the name of medicine.....

Do you have allergy to any medicine?

No  
 Yes If yes, mention the name of medicine.....

Previous history of Ectopic Pregnancy:

No  Yes

Previous history of C/S

No  Yes If yes, year of C/S .....

Other Surgery (Specify):

No  
 Yes If yes, types of surgery and year of surgery .....

Any contraceptive used within last one to six months:

No  Yes If yes, mention the method of FP used.....

**3. Gynecological/Obstetrical Information**

LMP date: .....

Gestation weeks by LMP: .....

Obstetric History: G..... P..... A..... L.....

Last 6 months menstrual cycle:  Regular  Irregular

Signs and symptoms of pregnancy:  Yes  No

**4. General /Physical Examination and Investigation**

Blood pressure: .....

Pulse: .....

Temperature: .....

Respiration Rate: .....

**Physical examination:** Jaundice:  Yes  No

Pallor:  Yes  No

Lungs sound:  Clear  Abnormal sound

Heart sound:  Normal  Abnormal

Abdominal tenderness:  Yes  No

Abdominal mass palpable:  Yes  No

Uterus palpable:  Yes  No If palpable, size of the uterus.....

Investigations (If required): Urine Pregnancy test..... Hb and Blood group (If anemic on inspection) .....

Ultrasound (report to be attached if USG conducted) .....

### 5. Pelvic Examination (Speculum and Bimanual Examination)

**Vulva:**  Normal  Abnormal Vaginal discharge:  Normal  Abnormal If abnormal, foul smelling:  Yes  No

**P/S examination:** Cervix:  Normal  Unhealthy

**P/V examination:** Uterine size (weeks)..... Position:  A/V  R/V Adnexa clear:  Yes  No

### 6. Screening for the indication for providing second trimester abortion service

#### A. Maternal condition

##### i. Physical health

Please write diagnosis: .....

##### ii. Mental health (please mark if the symptoms are due to current pregnancy at least 3 needed for mental indication)

- के तपाईंलाई निन्द्रा पर्न साहे गाहो पर्दछ ?  छ  छैन
- के तपाईंलाई जतिखेर पनि निन्द्रा लागिरहन्छ वा धेरै सुत्नुहुन्छ ?  लाग्छ  लाग्दैन
- के तपाईं ज्यादै थकित महशुस गर्नुहुन्छ र तागत कम भएको जस्तो लाग्छ ?  लाग्छ  लाग्दैन
- के तपाईं आफैलाई सधैं हिनताबोध भएको महशुस गर्नुहुन्छ वा आफु काम नलामे वा जहिले पनि आफु गलत भएको जस्तो अनुभव गर्नुहुन्छ ?  हुन्छ  हुदैन
- के तपाईंलाई ध्यान केन्द्रित गर्न, स्पष्टसंग विचार गर्न अथवा निर्णय लिन गाहो हुन्छ ?  हुन्छ  हुदैन
- के तपाईंलाई उत्तेजित हुने, मन स्थिर नहुने अथवा झर्कोलामे हुन्छ ?  हुन्छ  हुदैन
- के तपाईंलाई रमाईलो लाग्ने वा मनोरञ्जन दिने अवसरहरूमा सरिक हुन मन लाग्दैन ?  लाग्छ  लाग्दैन
- के तपाईंलाई आफ्नो जीवन अर्थहिन वा बेसहरा भएको जस्तो लागेको छ ?  छ  छैन
- के तपाईंलाई आफ्नो अर्को बच्चालाई आर्थिक, मानसिक वा शारीरिक रूपले धान्न सकिदैन जस्तो लाग्छ ?  लाग्छ  लाग्दैन
- के तपाईंलाई यो गर्भले आफ्नो शिक्षा अथवा विकासका अवसरहरूलाई अप्ठेरो पार्छ जस्तो लाग्छ ?  लाग्छ  लाग्दैन
- के यो गर्भ पर पुरुषबाट रहन गएको जस्तो लाग्छ ?  लाग्छ  लाग्दैन

Signature of Client: .....Signature of History Taker: .....

##### iii Rape / Incest

यदि महिलाले आफूलाई जवर्ज स्ती करणी वा हाडनाता करणी गरेको विवरण दि एमा सो विवरण ठि क हो भनि दस्तखत गर्ने ।

Signature of Client: .....

##### iv. Infected with virus that deteriorates immune system (e.g. HIV) or suffering from any similar incurable disease.

#### B. Fetal indication (USG report need to be attached mandatory to the CPP)

Please check the condition that applies:

- IUFD  Fetal Malformation/ Anomaly  Other condition (e.g. Genetic disorder): .....

**7. D&E Procedure Record Section****A. Cervical preparation**

1. Misoprostol 400 mcg Route: S/L  Buccal Vaginal

1st Dose date/ Time: .....

Repeat Dose (if needed) Date Time: .....

Assessment finding: .....

Assessment finding: .....

2. Switched to medical Induction (If applicable):No  Yes

If Yes, reason for switch to Medical Induction .....

**B. Pain management and antibiotic (half an hour before the D&E procedure):**

1. Tab Ibuprofen 400mg:  Yes  No

Pethidine:  Yes  No

2. Tab Diazepam 10 mg: Yes  No

3. Antibiotic (Doxycycline/Azithromycin/ Metronidazole):  Yes  No

4. Other pain management or antibiotic provided (Specify if provided):

**C. Procedure notes for D & E procedure**

Date / Time of service provided: .....

Paracervical block given with 20 ml (1% Lignocaine) :  Yes  No

Size of Canula Used: ..... Amount of blood Loss (ML) : ..... Duration of Procedure: .....

Placenta CheckedYes  No Complete YesNo If No Specify .....

Fetal Parts Seen:  Calvarium Spine Upper Limb Lower Limb

Fetal Foot Length: ..... mm Consistent with ..... weeks

**8. Medical Induction Procedure Record Section**

a. Digoxin provided before proceeding for Medical Induction. Yes  No

Regime of Digoxin (Dose, Date and Time) .....

b. Mifepristone 200 mg Oral Date & Time:.....

c. Misoprostol 400 mcg Route:S/LBuccalVaginal

Dose	Date: DD/MM/YY	Time:	Bimanual assessment findings
1			
2			
3			
4			
5			
Additional Dose required			

Total Dose Misoprostol Given:.....

Switched to D&E from MI: No Yes If yes, mention the reason: .....

d. Pain management (Tab Ibuprofen 400mg) given:  Yes No

Repeat Tab Ibuprofen: Yes No

e. **Expulsion Of:** Fetus: Date & Time: .....

**Placenta:** Date & Time: .....

Placenta complete:  Yes  No

f. **Retained Placenta:** No  Yes If Yes,  Managed by MVA  Misoprostol 400 mcg

g. Total blood loss approximately (ml).....

h. Fetal Foot Length: .....mm Consistent with ..... weeks

### 9. Post Procedure Recovery Care Finding

Blood pressure: .....

Pulse: .....

Temperature: .....

Respiration Rate: .....

Abdominal tenderness:  Yes No

Guarding: Not Present  Present

Vaginal bleeding more than 500 ml:

Yes  No

No of Pad soakage: .....

Contraceptive provided:

Minilap

NSV

Implant

IUCD

Depo Provera

Pills

Condom

None

Others.....

Reason of Not Providing Contraceptive Service: .....

Reason for referral to other Reproductive health service (If referred): .....

Date and time of Discharge: .....

Recommended follow up after 2 weeks or earlier (if needed) Date & Time : .....

Name of Service Provider: ..... Signature: ..... Provider listed No: .....

Name of Assistant: ..... Signature: .....

### 10. Severe Complication on MI + D & E (to be filled if complication occurs)

Date and time ...../...../.....

Type of severe complications:

Type of severe complications:

Heavy bleeding requiring blood transfusion.

Infection requiring hospitalization with IV antibiotics.

Uterine/ abdominal injury requiring laparotomy.

Other complication (specify) .....

Outcome of complication:

Outcome of complication:

Treated and discharged.

Referred out (name of the referred facility & provider):

**11. Follow Up Recording Section (to be filled if follow up is done) :**

Date of follow up: ...../...../.....

Blood pressure: ..... Pulse: ..... Temperature: ..... Respiration Rate: .....

PA tenderness:  Yes  NoP/S Examination: Vaginal discharge:  Normal  Foul smelling Hanging POC:  Yes  NoBleeding:  Yes  NoFornix clear:  Yes  No

P/V Examination: Uterine size (weeks).....

OS Closed:  Yes  No

Other relevant finding (if any): .....

Status on F/ up:  Complete  IncompleteIf any sever complication  No  Yes If yes filled section 10:Contraceptive provided on follow up:  Minilap  NSV  Implant  IUCD Depo Provera  Pills  Condom  None  Others.....

Name of Service Provider: ..... Signature: .....

## 12. Client Consent Form

## अनुसूची १२

(नियम १८ को उपनियम (१) सँग सम्बन्धित)

## सेवाग्राहीले दिने मञ्जुरीनामाको ढाँचा

सुरक्षित गर्भपतन सेवाको आवश्यकता, गर्भपतनका विविध प्रविधि, गर्भपतन सेवामा अन्तर्निहित जोखिम, त्यसका विकल्पहरु र यसबाट हुने फाइदा, बेफाइदा लगायतका प्राविधिक एवं व्यवहारिक पक्षमा पूर्ण परामर्श प्राप्त भएकोले सेवा प्राप्त गर्न सुरक्षित मातृत्व तथा प्रजनन स्वास्थ्य अधिकार नियमावली, २०७७ को नियम १८ को उपनियम (१) बमोजिम सम्बन्धित गर्भवती महिला वा निजको संरक्षक वा माथवरको हैसियतले यो मञ्जुरीनामा लेखी तपाईं ..... स्वास्थ्य संस्था वा स्वास्थ्यकर्मीलाई दिएको छ ।

## मञ्जुरीनामा दिने

सेवाग्राहीको-	संरक्षक वा माथवरको -
नाम, थर: ठेगाना: उमेर: मिति: दस्तखत: औँठा छाप:	नाम, थर: ठेगाना: उमेर: मिति: दस्तखत: औँठा छाप:
<div style="display: flex; justify-content: space-around; width: 100%;"> <div style="border: 1px solid black; width: 100px; height: 80px; display: flex; align-items: center; justify-content: center;">बायाँ</div> <div style="border: 1px solid black; width: 100px; height: 80px; display: flex; align-items: center; justify-content: center;">दायाँ</div> </div>	<div style="display: flex; justify-content: space-around; width: 100%;"> <div style="border: 1px solid black; width: 100px; height: 80px; display: flex; align-items: center; justify-content: center;">बायाँ</div> <div style="border: 1px solid black; width: 100px; height: 80px; display: flex; align-items: center; justify-content: center;">दायाँ</div> </div>

दस्तखत:

## Note Section